

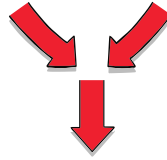
CAUSES OF OBESITY

THINGS SOCIETY CAN CHANGE

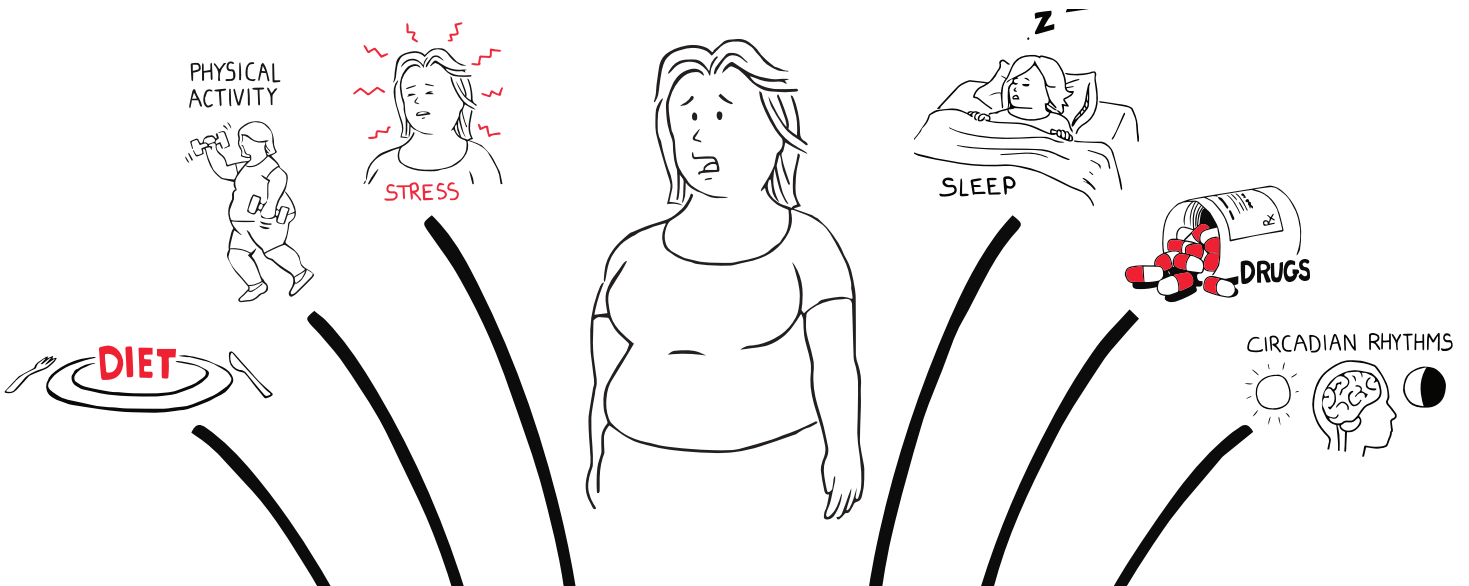
Food industry, physical environment, etc

THINGS WE CAN MANAGE

Depression, anxiety, eating disorders, other psychiatric illnesses



THINGS WE CAN CHANGE



THINGS WE MAY OR MAY NOT BE ABLE TO INFLUENCE

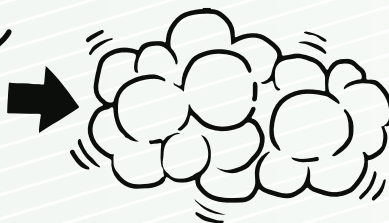
Developmental factors
(effects of growth, menarche, pregnancy, menopause)

THINGS WE CAN'T CHANGE

Genetics

Age Sex Race

BODY
FAT



**TIME TO ACT
ON OBESITY**

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